



# EDUCATIONAL COACHING

## Teacher as a coach & leader

Erasmus+ KA1 Training Course in Córdoba (Spain)



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# Coaching & education

Education is a determining factor of change for the development of any country, therefore, it is of utmost importance that there is a generalised commitment to its improvement. Educational coaching is an innovative concept in the professional area; although the term coaching has been a very useful tool in different disciplines, its recent application in the field of education focuses mainly on getting the best out of students and boosting their performance.

Educational coaching is a methodology that seeks to develop the maximum potential and performance in students, this methodology influences their transformation and changes their perspective, as its objective is to increase their motivation, commitment, responsibility and learning.

The main objective of coaching applied to education is to create the appropriate conditions for students to grow and learn. An important point within this methodology is to be aware that educational coaching is not directive teaching, i.e. the coach is not above the students, but rather an atmosphere of empathy and trust is generated where both parties, coach-teacher and students, are on the same level.

## Five principles

- **Students' potential.** More than instructing students, you must be able to find and develop the true potential of each of your students. Often the traditional methodology of education leaves this point as unimportant, however, this is the key to the correct development of the student.
- **Self-awareness.** If you want to get the best out of each of your students, the first step to achieve this is through self-awareness.
- **Empowerment.** One of the most important points in coaching applied to education is the teacher's ability to empower students and make them more independent, you should not educate them from knowledge, but from the responsibility and importance that this knowledge implies.
- **Development of competencies.** In order to apply the methodology of educational coaching, it is important to develop multiple competencies that enhance student learning, such as active listening, emotional intelligence and leadership.
- **Feedback.** Constant feedback is indispensable in coaching applied to education.

## Course description

Being an educator is a path that requires trust and patience. And it is easy that at some point you will encounter fatigue, a certain sense of misunderstanding or loneliness, difficult emotions or the constant search for ways to make you feel more coherent and connected to your vocation.

This educational coaching course offers you a learning space to reconnect with your vocation, provide you with tools and skills to manage your self-care, new ways of handling the classroom and managing conflicts.

Develop your role as a teacher-coach by acquiring new knowledge and tools.

## Learning outcomes

- To learn the keys to coaching applied to the educational environment.
- To develop a relational vision of education in order to understand the interactions that influence all educational processes.
- Master and practice the competences and skills of the teacher-coach.
- To understand the relationship between trends in educational innovation and educational coaching.

## Details

- One week course
- Starting from 480€ (Cultural activities included) \*
- Min. 4 - max. 14 participants
- Certificate of attendance included (80% of attendance required)
- Available in Córdoba
- Also available in Spanish

\* A 60 € late registration fee will be applied if you register less than 8 weeks before the course start date.

# Tentative schedule

## Day 1. Course introduction

- Introduction and welcome
- CHECK IN. Emotions, expectations and focus
- What is coaching?
- What is not coaching?
- The art of making questions

## Day 2. Coaching models

- From GROWTH to ARA
- The INDEPCIE Model
- Teaching, coaching and leadership

## Day 3. Coaching and results

- THE FOUR SCENARIOS. BLOCKAGES & CATALYSTS
- Result orientation
- Resources
- Motivation and responsibility
- Strategies

## Day 4. Dynamics and tools

- Awareness Phase.
- Responsibility Phase.
- Action plan.

## Day 5. Beliefs and stereotypes in education

- Emotions, beliefs and stereotypes
- Limiting and empowering beliefs
- The Pygmalion and Galatea Effect

This schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session.

Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

## About the provider

Andalusia Teacher Training is a training company founded in 2018 focused in the attitudinal training and the improvement of human performance. The company works with clients with the aim of increasing their results both in personal or professional areas, developing techniques and strategies in the areas of coaching, Emotional Intelligence, soft skills and Neuro Linguistic Programming (NLP).

Andalusia Teacher Training learns from the experience gained by its staff, professionals with years of background in the fields of training and the development and management of transnational projects in the frame of Erasmus + Program. Andalusia Teacher Training is currently made up of a multidisciplinary team of 8 people, with backgrounds in languages, translation and interpreting, psychology, international relations, pedagogy and communication.

In the field of international projects, the staff has a solid background in the development and implementation of funded projects in the frame of Erasmus+ and in the areas of entrepreneurship, leadership and application of coaching, Emotional Intelligence and soft skills to different fields. In the last five years we have been involved in more than 50 KA2 projects, of which more than 25 have been developed by our staff.



**José Antonio Alonso:** He has studies in Economics and Psychology. He is Master in Coaching and EI, Master Trainer in NLP (Spanish NLP Association), Expert in Gestalt therapy and Master in Ericksonian hypnosis.

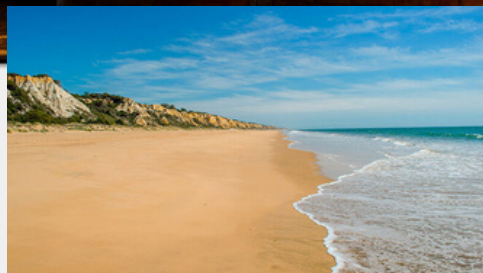
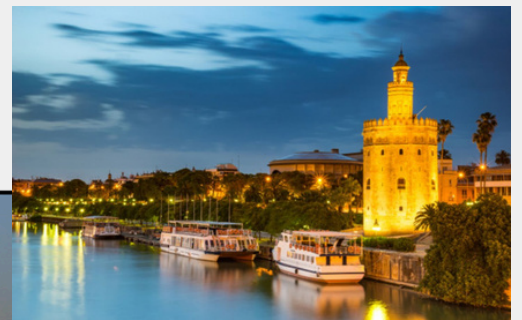
**José Carlos León:** Coach with a large experience training teams, persons and organizations using EI tools. With a degree in English Philology, he has also been tutor in the Master of Coaching of the University CEU San Pablo and facilitator in the areas of EI and NLP.



# Enjoy training... and Andalusia

Obviously, training is a key aspect, but the environment makes the experience complete. That's why Cordoba is the best possible setting, the only city in the world with four World Heritage Sites by UNESCO, a city steeped in history and culture, and also the ideal place to discover Andalusia.

Less than an hour away by train you can enjoy the bewitching Seville, the cosmopolitan Malaga and the haunting Granada, as well as having some of the best beaches just two hours away by car. All in the best connected city in Spain by high-speed train, 1.45 minutes from Madrid and in the centre of Spain's most charming region. Are you going to miss it?





## How to get to Córdoba?

Córdoba has no airport, but there are excellent connections to our city from three international airports thanks to the AVE (High Speed Train):

- Madrid. 400 kilometres, 1.45 hours to Córdoba by train.
- Seville. 130 kilometres, 45 minutes to Córdoba by train.
- Málaga. 145 kilometres. 50 minutes to Córdoba by train.

**Málaga** is the best option, due to the high amount and variety of international destinations and the facilities to link your flight to the train.

**Madrid** International Airport Adolfo Suárez is the biggest airport in Spain and it has connections with all the important destinations in Europe. Flights use to be cheaper and both the frequency and the options are higher, so it is also a good chance.

**Seville** is another option, though destinations and frequencies are not the best. Check if it fits your plans.

**Train.** There are different companies offering connections from and to Madrid, Málaga and Sevilla to Córdoba. The sooner you book, the cheaper!!

- RENFE ([www.renfe.es](http://www.renfe.es)). In trains from and to Seville or Málaga, you will find AVE and AVANT. The service is the same, though this last one is cheaper. It happens the same from Madrid with AVE and ALVIA.
- IRYO. (<https://iryo.eu>). Cheap tickets if booked with months in advance.
- AVLO (<https://avlorenfe.com>). From June 1st 2023. Renfe low cost brand.

## Contact Us

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